



St. Bernadette's PE Curriculum Overview 2022/23

	Autumn Term		Spring Term			Summer Term
Nursey	Introduction to PE: Unit 1 CP Motor Skills	Introduction to PE: Unit 2 CP Motor Skills	Fundamentals: Unit 1 CP Motor Skills	Fundamentals: Unit 2 CP Motor Skills	Gymnastics: Unit 1 CP Motor Skills	Sports Day Skills CP Motor Skills
Reception	Introduction to PE: Unit 1 Fundamentals: Unit 1 CP Motor Skills	Fundamentals : Unit 2 Introduction to PE: Unit 2 CP Motor Skills	Gymnastics: Unit 1 Dance : Unit 1 CP Motor Skills	Games: Unit 1 Gymnastics: Unit 2 CP Motor Skills	Ball Skills: Unit 1 Athletics CP Motor Skills	Athletics Skills Ball Skills: Unit 2 CP Motor Skills
Year 1	Ball Skills Fundamentals	Athletics Sending & Receiving	Gymnastics Dance	Net & Wall Fitness	Athletics Striking & Fielding	Invasion Target Games
Year 2	Ball Skills Fundamentals	Athletics Sending & Receiving	Gymnastics Dance	Net & Wall Fitness	Athletics Striking & Fielding	Invasion Target Games
Year 3	Football Fundamentals3/4	Athletics Fitness	Gymnastics Dance	Tag Rugby Swimming	Cricket Netball	Tennis Rounders
Year 4	Football Fundamentals3/4	Athletics Fitness	Gymnastics Swimming	Tag Rugby Dance	Cricket Netball	Tennis Rounders
Year 5	Football Fundamentals	Athletics Swimming	Gymnastics Dance	Tag Rugby Basketball	Cricket Net Ball	Tennis Rounders
Year 6	Football Swimming	Athletics Fitness	Gymnastics Dance	Tag Rugby Basketball	Cricket Net Ball	Tennis Rounders

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