

St. Bernadette's Prayer Progression
Growing Together in Faith, Love and Learning



	EYFS (Nursery & Reception)	KS1 (Years 1 & 2)	KS2 (Years 3, 4, 5 & 6)
Traditional Prayers	Sign of the cross* Morning prayer* Lunch time prayer* Home time prayer*	As EYFS plus: Our Father* Hail Mary*	As EYFS and KS1 plus: Act of contrition/sorrow Glory be* Eternal rest*
Prayers and Responses Used During Mass	Simple responses during liturgies and Masses including greeting the Gospel.	As EYFS plus: 'and with your spirit' 'Lord have mercy' 'Thanks be to God' Bidding prayer responses, Genuflecting	As EYFS and KS1 plus: I confess/penitential rite Offertory prayers Eucharistic prayers for Masses with children Holy Holy Lamb of God Rite of dismissal
Prayer Experiences	Litanies of thanks and praise Spontaneous prayer in response to events Singing hymns Listening to reflective music and religious songs Prayer and worship outside and inside Blessing and lighting the Advent wreath	As EYFS plus: Review of the day Prayers of the heart and stillness to listen to God Spontaneous prayers, Prayers using signing/actions/dance	As EYFS and KS1 plus: The Mysteries of the Rosary The Stations of the Cross Blessing and receiving of Ashes Examination of Conscience Reflection and meditation on scripture

*See St. Bernadette's Prayers